

## Making a referral

Voluntary agencies and statutory services who meet people who are experiencing domestic abuse can make a referral.

We particularly welcome self referrals directly from individuals.

A referral form is available on our web site. This can be completed online or downloaded, completed and faxed or emailed to us. Referrals can also be made by phone.

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## Contact Us

Tel: **0345 155 1074 (landline call rate)**  
Fax: 01392 368071  
General Email: **admin@splitzdevon.org**  
Secure Email: **referrals.devon@splitz.org.cjism.net**  
Website: [www.splitz.org/devon](http://www.splitz.org/devon)

Splitz Support Service  
Buckland House  
Park Five  
Harrier Way  
Exeter  
EX2 7HU

Charity no: 1064764

If you require this leaflet in another format please let us know.

**SPLITZ**  
Support Service

working with  
**Devon**  
County Council 

# Devon Domestic Abuse Support Services

For adults and children with  
experience of domestic abuse

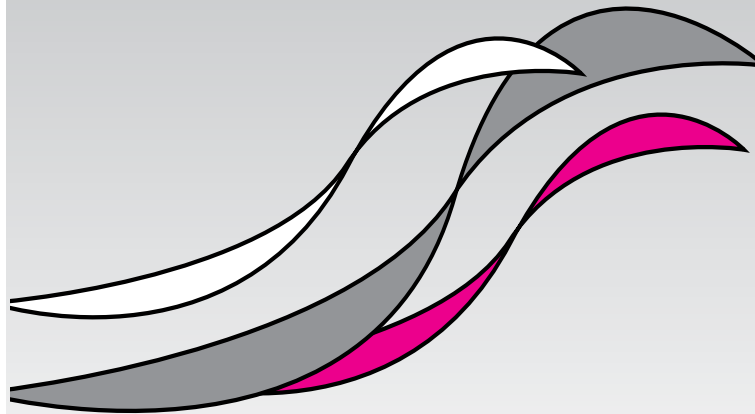
**1-to-1 victim support**

**Survivor groups**

**Support for children**

**Perpetrator programmes**

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Splitz Support Service

## Who can we help?

Children and adults living in the Devon County Council Area.

## How can we help?

We can provide support to improve safety, signpost to other services and aid your recovery from the impact of domestic abuse.

## Our services

Are you .....

- Being hurt in your own home?
- Threatened by your partner?
- Dreading your partner coming home?
- Walking on eggshells?
- Feeling unsafe even if you've separated?

## "Hear to Help"

Do these excuses sound familiar?

"My partner doesn't mean it ....and always says sorry afterwards."

"It's my fault ....I keep getting it wrong."

If you recognise that domestic abuse is part of your life we can help you identify your options and support you in your choices.

## We can support you with:

**Information, Advice and Guidance** from our trained staff on our helpdesk.

**One to One Support** from a dedicated support worker who will help you form a plan to improve your safety and wellbeing.

**Workshops** for women to identify, come to terms with and overcome the impact of domestic abuse. These are usually held over 12 weekly sessions.

### **IDVA**

When someone is assessed as High Risk they are allocated an Independent Domestic Violence Advisor to provide specialist support with safety planning and attending court. These are provided by several specialist domestic abuse services across Devon.

### **Children and Young People**

We work with children and young people whether they have witnessed abuse or have been part of the abuse; through one to one support, groupwork, toolkits for parents and schools and workshops in schools and colleges.

### **Voluntary Perpetrator Programme**

The aim of this work is to promote the safety of victims and children and change harmful and abusive behaviour. We provide information, advice and onward referral and a structured 25 week group for men who want to change their behaviour. We only accept self-referrals to our perpetrators programme.

0345 155 1074